## NJAC COUNTY BIZ

An Educational and Informative Newsletter for Counties and Businesses

#### **New Jersey Association of Counties**

**ISSUE 45 - JANUARY 2015** 

#### **Energy Savings Improvement Program**

by Jason Simmons, Sr. Environmental Planner for the Department of Planning & Economic Development for Passaic County

Energy efficiency is one of the best ways public institutions can save money and tax dollars. However, to realize savings from energy efficiency it is necessary to first come up with capital to pay for building and equipment upgrades. Even when the savings greatly outweigh the costs over the lifetime of the upgrade, these upfront costs often present a significant obstacle to moving forward. An Energy Savings Improvement Program (ESIP) is designed specifically to overcome this hurdle.

An ESIP allows local government agencies to use "energy savings obligations" to pay for the costs of the project. The basic elements of an ESIP are as following:

- Preparation of an energy audit
- Develop and RFP for Energy Saving Companies (ESCO) to respond
- Review proposals and award
- Preparation of an Energy Savings Plan
- Third party verification of energy savings
- Submit to the NJ Board of Public Utilities for approval
- Implement the Plan

Why is ESIP beneficial to the County? The ESIP provides:

- Ability to make necessary facility improvements without burdening the tax payers with rate increases
- Obligations are not considered "New Debt" and are paid for by the energy savings
- Flexible tool to fund projects with "Energy Savings Obligations"
- Enables the County to go "green" using energy efficiency devices

Currently the County is reviewing proposals and will soon select an ESCO whom will than develop a energy savings plan for the County which will match the most efficient Energy Conservation Measures with the respective savings to show that the total project costs, which include design and construction, as well as professional expenses, are offset by energy savings over the borrowing term.

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The final (and most important) factor to be verified is the net savings that will be achieved after all borrowing costs are considered. The calculations must show that the costs (including acquisition, installation and financing) of implementing the energy conservation measures will be offset by energy savings as well as grants or other related funding and will result in a break even or net savings to the local unit on an annual basis. Savings must be positive in each year. For further information please contact Jason Simmons via e-mail at <a href="mailto:isimmons@passaiccountynj.org">isimmons@passaiccountynj.org</a> or telephone at (973) 569-4045.

## Get to know your County Official.....

How many years have you served as a Salem County Freeholder? I have been a freeholder since 2004; therefore, I am starting my 12<sup>th</sup> year on the Salem County Board of Chosen Freeholders.

What was the first public office you held? This was the first public office I have held.

Why did you choose to apply for Freeholder? I grew up with parents in elected office. My father was first elected at the age of 21 as the youngest councilman in the State of New Jersey, when the voting age was 21. He then served as mayor and later became a freeholder of Salem County, which he held for 24 years. He retired from elected office at the age of 65. My late mother was always active in public service, and served as a school board member for 6 years. My late husband served as a councilman in our town, and we actually ran the same year for our offices! He was elected to his second term on the same night that I won my first term as freeholder. Sadly, he passed away a few months after I took office as a freeholder. I often say, I don't know what normal people do with their spare time as this is what I grew up with!

What had been the most difficult decision you have had to make while serving as a Salem County Freeholder? The most difficult decisions are made when they are fiscally responsible, but when done, will hurt a person or program. We have had to let employees go due to budget issues or performance and the impact that this has on their life is often heartbreaking. Additionally, it is difficult when a program has to be eliminated or reduced due to budget constraints. This is often outside of our control but it is still hard to see a program that helped people suddenly stop.

What would our readers be most surprised to learn about you? Well, there are many things, but I can't tell all my secrets! One story that some would recall is from the early 80s when the Southern counties of New Jersey were feeling a little disgruntled with decisions that were being made in Trenton that affected South Jersey but mostly benefitted North Jersey. There was a move among these southern counties to secede and make South Jersey the 51st state. I picked up a T-shirt with this message on it and wore it proudly at my college, which was Trenton State College. Of course, most of the college students were from central and northern New Jersey so they just laughed. But, I think I got the message out and promoted better understanding

Who is your role model? My role model is my father! He turned 83 years old on January 11, 2015, and has been my rock. He is always a gentleman, he was a great freeholder, and made sound intelligent decisions. I often hear stories about his time in office, even to this day. It is heartwarming to have current and former county employees tell me of their interactions with him. I have been blessed to have such a mentor in my life, and I thank him for his tutelage and patience with me.





Why do you love Salem County? So many places have changed, and have lost their history and their soul. But, Salem County remains unchanged in many ways. We still are the most agricultural and rural of the counties with the smallest population in the state. This is vastly different from most of New Jersey which is densely populated and congested. My commute to work within the county takes 25 minutes, and is through rolling farmlands and small towns. The beauty of my drive gives me peace and serenity every morning as I realize that this is idyllic and priceless. The people of Salem County are just as serene and giving, and there is no other place like it. We are truly blessed to live in this county and I thank God for it!

## **Unmanned Aircraft Systems Test Flights Into National Airspace**

by Beth Clay, Marketing Director for Mutualink

In May 2014, New Jersey Institute of Technology (NJIT) was the first New Jersey institution to receive a Certificate of Waiver/Authorization (COA) from the Federal Aviation Administration (FAA) to conduct unmanned aircraft systems (UAS) test flights into national airspace. NJIT researchers are looking to demonstrate UAS capabilities that could be deployed in response to a natural or man-made disaster in order to assist the New Jersey Office of Homeland Security and Preparedness and the State Office of Emergency Management, among other agencies.



Dr. Michael Chumer NJIT

This initiative is led by Dr. Michael Chumer a research professor of information systems at NJIT and director of the Crisis Communication Center and of UAS Applied Research for the university, working with Pennsylvania-based flight company, American Aerospace Advisors, Inc. The purpose of the UAS flights over the Atlantic Ocean is to test the feasibility of safely integrating drones into the public airspace and to assess the research and operational capabilities of several data-collecting sensors aboard the craft. The flights will include a weather sensor to gather information on atmospheric conditions and devices with mapping, communications relay, and high-definition video capabilities.

NJIT's mission is to enhance the country's homeland security and emergency management capabilities. A primary goal of the mission is to develop UAS-borne weather sensors that can predict where a major storm will hit land as many as two days before existing technology now allows. Communications relay devices are designed to function as "flying cell towers" capable of relaying calls and data from communicates where telecommunications equipment has been knocked out. And enhanced mapping technology would give emergency responders immediate information on damage caused by major storms such as Hurricane Sandy.

The real-time sharing of the intelligence gathered by the UAS is enabled by Mutualink, a secure interoperable communications platform that is also deployed by The New Jersey State Police Regional Operations and

Intelligence Center (ROIC), and Cape May and Atlantic County Offices of Emergency Management. Mutualink allows first responders on the ground to see in real time what the aircraft sees in flight, providing the critical link between the unmanned craft and the responders who can act on the information in real time.

Initial UAS test flights will travel up to one nautical mile out over the ocean at a height not to exceed 3,000 feet, remaining airborne for up to one hour. The ground-based pilot will be in communication with air traffic controllers during the flight. After the flight, the team will assess the drone's operational performance as well as its success in gathering data, which NJIT will share with the FAA and emergency management agencies.

In the future, NJIT drones will have the authorization to fly as far as 14.5 nautical miles out over the ocean, as high as 10,000 feet into the air, and for as many as 14 to 16 hours at a time.

To learn more about Mutualink, please contact Rob Wright, Regional Project Development Manager, at <a href="mailto:rwright@mutualink.net">rwright@mutualink.net</a>, via telephone at (201) 289-5066, or at <a href="www.mutualink.net">www.mutualink.net</a>.

Seminar Proposals

for the 2015

NUTAC Annual

Conference are

now being

accepted!

Deadline is January 30th

#### The Affordable Care Act and You

by Jennifer Dowd, Marketing Manager for Kronos-Public Sector

Now that we've crossed into 2015, the Affordable Care Act (ACA) is weighting heavier on the minds of employers. And counties aren't exempt from this new era in healthcare. It's crucial now to think about how tracking employee time manually can have an effect on reporting efforts of the Affordable Care Act.



When it comes to ACA administration, spreadsheets, home-grown reports, manual processes, and outdated systems simply aren't up to the task. Relying on them will do little to simplify a highly complex process and can lead to potentially significant financial consequences. The good news is that the technology is in place, today, to help manage your ACA compliance requirements. With integrated workforce management tools that provide complete automation and high-quality information, you can make cost-effective labor decisions while minimizing your ACA compliance risk.

and compliance by:

A single, automated and integrated system of record can help you manage ACA costs

- Providing accurate information about average hours worked to properly determine whether an employee is classified as full-time or part-time for purposes of ACA regulations
- Facilitating timely analysis of employee benefit eligibility, thus improving compliance and reducing financial penalties
- Monitoring and analyzing your workforce schedules, time records, and enrollment in real time
- Delivering comprehensive auditing and reporting features that will permit you to provide evidence of your ACA compliance efforts to government agencies

Automation provides an easy-to-understand, on-screen view of historical and real-time workforce information, helping you determine each employee's full-time or part-time status during your look-back period. You can also track hours worked during the stability period and continually monitor labor data to adhere to your ACA strategy.

The integrated data will allow you to connect the dots, from timekeeping and scheduling to HR and reporting. Compliance alerts notify managers when an employee's status changes to full-time or part-time, when an employee is approaching eligibility, and when an employee has scheduled hours that would put them over the eligibility limit. Alerts can be sent to employees when they are eligible for healthcare benefits, offering them enrollment or the option to decline coverage. Additional rules help you enforce schedules and maintain your preferred full time/part time employee mix.

It's important to stay on top of ACA regulations so you're better prepared to maintain accurate, consistent data and provide proof of your ACA compliance to the IRS and Department of Labor.

To learn more about Kronos, please contact Wesley Witherington, Kronos Sales Executive State of New Jersey, Public Sector and Education, at <a href="wesley.witherington@kronos.com">wesley.witherington@kronos.com</a> or via telephone at (973) 331-5465.



#### Warden Caldwell Sworn In as President of NJCJWA

by Debra Sellitto, Communication/Public Information for Gloucester County

Gloucester County Freeholder Director Robert M. Damminger and Freeholder Dan Christy are pleased to announce that Gloucester County Warden Eugene Caldwell II was sworn in as President of the New Jersey County Jail Wardens Association on Friday, January 9<sup>th</sup>, at the Scotland Run Golf Course in Williamstown.



Eugene Caldwell II Warden

NJ DOC Commissioner Gary Lanigan administered the oath of office to Warden Caldwell. Caldwell, of Franklinville, previously served as Vice President to the New Jersey County Jail Wardens Association.

Freeholder Director Damminger said, "We are proud of Warden Caldwell's accomplishments, his in-depth knowledge of correctional services has assisted Gloucester County to regionalize its Department of Correctional Services. This regionalization has helped save our taxpayers more than \$9.7 million and ensures the inmates are transported to and from their designated locations both timely and safely."

Freeholder Dan Christy said, "Warden Caldwell is well-known for his professionalism throughout the correctional facilities in the State's counties and he is an asset to our Correctional Services. Running a regionalized Correctional operation of men, women, and juveniles has never been done in New Jersey before we started in 2013. Warden Caldwell handles this position with integrity and searches for means to have inmates successfully re-enter our communities." Christy is the Freeholder Liaison to Correctional Services.

The New Jersey County Jail Wardens Association was established in 1959. The membership of the Association shares information about the operations of jails and provides training and other support.

Approximately 125 people attended the installation of Warden Caldwell and the Executive Board. The ceremony took place 10:00 a.m. on Friday, January 9<sup>th</sup>, at the Scotland Run Golf Course Banquet Hall located at 2626 Fries Mill Road in Williamstown.





I to r: Lifetime member & Atlantic County Warden Frank Mazzone (retired), Secretary & Cape May County Warden Don Lombardo, President & Gloucester County Warden Eugene Caldwell II, Vice President & Union County Director Brian Riordan; Treasurer & Atlantic County Warden Geraldine Cohen; and Sergeant at Arms & Hudson County Director Aviles. The Executive Board was sworn in by former Governor Jim McGreevey.



## AT&T Contributes \$600,000 to Help New Jersey Students along the Path to Graduation

by Daniel Langan, Public Affairs for AT&T

AT&T this year contributed more than \$600,000 to organizations across New Jersey as part of AT&T Aspire, the company's signature education initiative focused on high school success and career readiness. With an unwavering commitment to data-driven education outcomes, AT&T Aspire has impacted more than one million students since its launch in 2008.



J. Michael Schweder President Mid-Atlantic Region

"At AT&T, we believe that when we invest in education, we are making our communities stronger, safer and more economically viable," said J. Michael Schweder, president, AT&T Mid-Atlantic. "We understand that investing in a well-educated workforce may be the single most important thing we can do to support a strong, competitive New Jersey. That's why we've teamed up with organizations across the Garden State to inspire students to stay in school and prepare them to be the next generation of leaders for New Jersey."

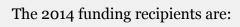
Schweder added that AT&T and its employees have a tradition of giving back to the communities where they live and work. All told, AT&T and its employees contributed more than \$14.4 million from 2009-2013 through giving programs in the state.

In 2014, Rowan University received a \$50,000 contribution for its Junior Aim High Academy, which exposes high school students to science, technology, engineering and math (STEM) careers.

"AT&T is one of the leading corporations in New Jersey supporting STEM initiatives. These initiatives are essential as we introduce students to educational and professional opportunities in science, engineering, medicine and other fields. AT&T's contributions are critically important for our region and our state, which needs well-trained talent in these high-demand areas," said Dr. Ali Houshmand, president, Rowan University.

New Jersey City University (NJCU) received \$40,000 to support the Proyecto Science program that provided under-served high school students with STEM-based academic enrichment classes last summer.

"AT&T's generous support of NJCU's Proyecto Science program is a priceless gift to 250 high school students who might not otherwise have the opportunity to advance their interest in science. Proyecto Science introduces young science students to study on a university campus and opens their eyes to the countless possibilities a higher education can offer," said NJCU Vice President for University Advancement Daniel P. Elwell.



ASPIRA Association, Inc. (Newark, Paterson, Jersey City): \$198,000; Rutgers University Foundation (Statewide): \$150,000; Rowan University Foundation (Glassboro): \$50,000; New Jersey City University (Jersey City): \$40,000; Drew University (Madison): \$30,000; Children's Home Society of New Jersey (Trenton): \$12,000; Latino Institute (Newark): \$15,000; NJ SEEDS (Newark): \$25,000; New Jersey Heroes (Mendham): \$25,000; Civic League (New Brunswick): \$25,000; Middle Earth (Bridgewater): \$10,000; Christ the King Preparatory School (Newark): \$20,000



Daniel P. Elwell NJCU Vice President



To learn more about AT&T Apsire, visit www.att.com/aspire and follow us @ConnectToGood.

## Atlantic City Electric Advises Customers to Beware of "Green Dot" Phone Scam

by Frank Tedesco, Media Relations Manager for Atlantic City Electric



Atlantic City Electric reminds customers to practice safety when someone claiming to represent the utility company contacts them either in person or by telephone.

Atlantic City Electric has been alerted to a resurgence of the "Green Dot" scam. Scammers are telling customers that their electric service account is delinquent and they will be shut off for non-payment unless customers purchase "Green Dot Money Pack" prepaid cards for a specific amount from stores such as CVS, Rite Aid, and Wawa.

Scammers will often use a "shadow" or "800" call-back phone number. In some instances, the scammers are using technology to

have the Atlantic City Electric "800" customer service number appear on the telephone's caller ID feature. When customers call the shadow number, the scammers answer claiming to be affiliated with Atlantic City Electric.

Victims are given instructions to call a phony scammer phone number with the cards' account and personal identification numbers. Once the scammer obtains the cards' information, the value is downloaded, swept and stolen. These transactions are untraceable.

Atlantic City Electric will contact customers in person or via phone for various reasons. If someone claims to represent Atlantic City Electric, it is important that customers take precautions to verify the person is affiliated with the company, especially if that person is requesting an immediate monetary payment.

If customers have any doubt about the validity of a person's claim to represent Atlantic City Electric, they should hang up, call the company immediately at **1-800-642-3780** and an official company representative will assist them.

When addressing past due accounts, Atlantic City Electric never endorses a specific form of payment. Instead, multiple payment options are always given to customers.

Atlantic City Electric advises customers to ask for official photo identification from any person who shows up at their door. Atlantic City Electric employees carry official company identification cards. If proper identification cannot be produced, customers should notify police and Atlantic City Electric.



For information about Atlantic City
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## Making and Keeping New Year's Resolutions:

#### Psychologists Offer Tips to Strengthen Willpower

by Lynn Schiller, Ph.D, Public Education Coordinator for the New Jersey Psychological Association

When it comes to New Year's resolutions, willpower plays a huge part. Willpower is tested every day, whether it is hitting the snooze button rather than going for an early morning run or choosing an apple over a cupcake at lunchtime. The decisions that lead to a healthier life are often difficult, and the American Psychological Association's annual Stress in America survey has revealed over the years that not having enough willpower was the top reason people cited for being unable to make healthy lifestyle changes.



The 2013 survey found 53 percent of respondents said being physically active or fit is very or extremely important to them, yet only 29 percent say they are doing an excellent or very good job at it. In reality, people don't always achieve their goals, and APA's Stress in America survey showed that in the past five years, the majority of adults have tried to make a behavior change and many are still trying.

Part of the explanation for this may be that people struggle with having enough willpower. Willpower is the ability to delay gratification, resisting short-term temptations in order to meet long-term goals. One reason adopting healthy behaviors may be so difficult is that resisting temptation can take a mental toll. In fact, some experts liken willpower to a muscle that can get fatigued from overuse. The good news is that, also like a muscle, willpower can be strengthened to help achieve lifestyle-related goals, such as eating healthy or losing weight.



"A key aspect about developing willpower is that it is akin to strength training," states Lynn Schiller, PhD, NJPA Public Education Committee Chair. "If you set out to reach a goal and do not quite reach it, you have not failed but rather made a closer approximation to the target. One needs not get overly frustrated or give up just because success is not readily attained. For example, if someone wants to cut down on their bad eating habits, cut out one high calorie snack a day for a week, then two for the next week and so on. That way it has more sticking power and doesn't seem as drastic and unattainable."

If you believe that a lack of willpower is holding you back from achieving healthy goals, there are techniques that can help strengthen self-control. Psychologists suggest the following tips for strengthening willpower:

• **Focus on one goal at a time:** Psychologists have found that it is more effective to focus on a single, clear and modest goal rather than attacking a list of goals at once or being too ambitious out of the gate. Succeeding at the first goal will free up willpower so it can then be devoted to the next goal. Focus on changing one health habit first, whether it's being more physically active during the week or eating smaller food portions daily.

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#### Making and Keeping New Year's Resolutions (continued)

- Monitor your behavior toward your goal: Research shows that people who track their daily food intake are more likely to succeed at weight loss. Don't let inevitable slip-ups derail progress. Make a reasonable plan to meet the goal and recommit each day to making progress toward that goal.
- **Seek support:** Research shows that having support systems can help people reach their goals. Being surrounded with friends and family who will be supportive of the goals, and willing to help, can make a big difference. If people feel overwhelmed or are unable to meet their goals on their own, they might want to consider seeking professional help. Psychologists are trained to help with behavioral and lifestyle changes. They can help address triggers that prompt people to make unhealthy choices, identify positive ways to change unhealthy habits and develop new skills and ways of thinking.

Read more on What You Need to Know About Willpower: The Psychological Science of Self-Control at <a href="http://www.apa.org/helpcenter/willpower.aspx">http://www.apa.org/helpcenter/willpower.aspx</a>.

Whether you need assistance with organizational/employee health and wellness, mind/body matters, family issues, geriatric care, or child/adolescent concerns, NJPA is your resource to turn to for expert advice and information. Visit <a href="www.PsychologyNJ.org">www.PsychologyNJ.org</a>, tweet <a href="mailto:@njpsychassn">@njpsychassn</a>, and subscribe to the quarterly e-newsletter to learn more. You may also contact Jane Selzer, Executive Director at <a href="mailto:njpajs@psychologynj.org">njpajs@psychologynj.org</a> or Christine Gurriere, Communications Manager, at <a href="mailto:njpagg@psychologynj.org">njpagg@psychologynj.org</a>. Both may be reached at (973) 243-9800.

The New Jersey Psychological Association (NJPA) is recognized as one of the strongest state psychological associations in the country, NJPA is an indispensable network of resources for the public and media, a staunch advocate for psychologists in the state, and an Influential presence helping shape mental health

policies in New Jersey. Visit us at <u>www.PsychologyNJ.org</u> to locate a psychologist or to find the most current news, articles, and events that may be of interest to you. Follow us on Twitter <u>@njpsychassn</u>.



# BECOME A MEMBER OF THE NEW JERSEY ASSOCIATION OF COUNTIES

Learn about the benefits of being a part of NJAC and how you can join by contacting

Loren Wizman, Business Development Director, at

(609) 394-3467 or loren@njac.org.

#### **Federal Grants**

#### **Environmental Workforce Development and Job Training (EWDJT)**

**Deadline:** February 3, 2015

Available: \$200,000 award ceiling

**Number of Awards: 17** 

http://www.grants.gov/web/grants/search-grants.html?keywords=Brownfields

## Violent Gang and Gun Crime Reduction Program (Projects Safe Neighborhoods)

Deadline: March 3, 2015

**Available:** \$150,000 to \$500,000 over a period of up to 2 years

**Number of Awards: 12** 

http://www.bja.gov/Funding/15PSNsol.pdf

#### FY15 Funding Guidance for Great Northern LCC

**Deadline:** March 13, 2015 **Available:** \$1,000,000 **Number of Awards:** 15

http://www.grants.gov/view-opportunity.html?oppId=271355

#### **Veterans Cemetery Grants**

**Deadline:** July 1, 2015 **Available:** \$46,000,000 **Number of Awards:** 20

http://www.grants.gov/web/grants/view-opportunity.html?oppId=258768

#### **The Coastal Program**

**Deadline:** September 30, 2015 **Available:** \$500,000 award ceiling

**Number of Awards: 500** 

Funding Opportunity Number: F15A00005

http://www.grants.gov/web/grants/search-grants.html











### **NACo Members Invited to Submit Resolutions**

by Jacquelyn Alamia, Public Affairs Director for NACo

The NACo resolutions process provides members with the ability to participate in national policy decisions affecting county governments. During the Legislative Conference, NACo's ten policy committees and Board of Directors consider legislative and policy resolutions that will be active until the NACo Annual Conference in July 2015.

The American County Platform and the association's policy resolutions are carefully considered statements of the needs and interests of county governments throughout the nation. These policy statements serve as a guide for NACo members and staff to advance the association's federal policy agenda before the White House, Congress and federal agencies. Please also refer to the comprehensive overview of NACo's policy resolution process here.

Please work with the appropriate steering committee staff liaison to adhere to the guidelines and refer to the comprehensive overview of NACo's policy resolution process by visiting <a href="www.naco.org/newsroom">www.naco.org/newsroom</a> for more information.



## County Economic Tracker 2014: Progress through Adversity

by Nicholas Lyell and Emilia Istrate, Research for NACo

County economic trends are an essential measure of the well-being of county residents. The conditions of a county economy can constrain and challenge county governments, residents and businesses, while also providing opportunities. This analysis of county economic conditions identifies patterns of growth and recovery in 2014 across the 3,069 county economies by examining annual changes in jobs, unemployment rates, economic output (GDP) and median home prices. In addition, it explores 2013 wage dynamics by adjusting average annual pay in county economies for the local cost-of-living and inflation. The overall analysis reveals that:

- 2014 was a year of recovery, but unemployment has yet to pre-recession lows in most county economies.
- Job growth accelerated in 2014, while economic output expansion and county housing markets stabilized across the county.
- Economic recovery is starting to spread although only 65 county economies have fully recovered.

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## County Economic Tracker 2014 (continued)

- 2014 recorded higher net job creation than the previous year, with 40 percent of the new jobs in industries earning more than the average county pay.
- Average county pay in half of county economies declined between 2012 and 2013.

For more information on the 2014 County Economic Tracker: Progress through Adversity, visit www.naco.org/research.

### **Jail Programs Tackle Addiction**

by Charlie Ban, Senior Staff Writer for NACo

A spell in the county lockup gives inmates plenty of time to think and some jails give them plenty to think about, as they assess — voluntarily or not — the roles alcohol and drugs have played in their lives with substance abuse treatment programs.

Bureau of Justice Statistics data show that nearly half of jail and prison inmates are clinically addicted to drugs and alcohol, and 60 percent to 80 percent of drug abusers commit a new crime after release from prison. Research by the American Psychological Association indicates a combination of incarceration-based substance abuse treatment programs, paired with post-release aftercare, can significantly affect recidivism rates among those challenged by alcohol and drug misuse.

The Strafford County, N.H. Jail's therapeutic communities' substance abuse program houses 25 people -15 men, 10 women - in its gender-specific housing units, segregated from the rest of the jail community.

For 90 days, they go through a rigorous schedule, complete with 5:30 a.m. wakeups, classes, group therapy and substance abuse counseling.

"There's a big focus on clean living and personal responsibility," said Jake Collins, the jail's assistant superintendent. "Your bed has to be made a certain way. You can't be lazy and get through it."

Collins emphasized that the single-sex nature of the rehabilitation was key.

"Men might not want to share feelings in front of women, and women who were abused by men might be afraid of men similar to those who abused them," he said. "It also limits the chance for romantic involvement, which can derail other rehab programs."

Inmates can opt for the substance abuse program while in jail, or they can wind up there as a sanction in the county's drug court.

"We have a fair number of people who are ready to get treatment," Collins said. "But people in the drug court slip up, they can wind up here."

The therapy focuses on the origins of the offenders' substance abuse problems.

"We don't spend much time on the 'this is your brain on drugs' lessons," Collins said. "New England has a puritanical ethos about crime and punishment, and that drives a lot of people's drive to eliminate what caused their problems."

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#### Jail Programs Tackle Addiction (continued)

The Strafford County Jail is a holding facility for the U.S. Marshals Service and houses some federal detainees, all of whom may participate. Collins sees a lot of the value in shortening some inmates' stays.

"If they complete the therapeutic communities program, we typically move them to community-based programs," he said. "We tend to feel like they've gotten what we can give to them in jail, plus if you can do something positive in 90 (days) instead of keeping them for 365, it saves a lot of money."

Collins said most of the inmates who go through the program are battling alcohol or heroin addictions. Methamphetamine's prevalence has decreased following state restrictions on pseudoephedrine sales.

Below the Mason-Dixon Line, Mecklenburg County, N.C. operates an indigent, social-setting detox facility.

"When the police pick someone up and don't think he needs to go to jail, it's a place for them to take him and let him 'sleep it off," said Yvonne Ward, program administrator for the county's substance abuse services. "While they're here, we encourage them to look into our longer-term treatment options."

It's not a place to kick back and relax, though. While it isn't a medical facility, it has nurses and a medical director on hand. For some patients dealing with alcohol withdrawal, the process can require medical attention.

"You'll see a lot of seizures with alcohol, and that's what the substance people are most commonly dealing with here," Ward said. "Alcohol can be one of the most dangerous drugs and most fatal when they're coming off of it.

"We practice what medicine we can in our treatment scope, but we do a thorough medical screening to see if they need more involved care. A lot of times, especially with the homeless population, they're dealing with mental health issues and serious medical issues that have gone untreated for a long time."

The facility also has staff embedded in the county's homeless shelters.

A medium-term detox could last five days, depending on the substance. The jail population can mix in here.

"While they're here, they're expected to be participating in the activities, work with our case managers and start to plan a course for where they'll go," Ward said. "Where they'll stay, where they'll get food. We're always planning ahead."

They'll learn strategies for managing triggers and cravings and learning skills to be successful when they leave.

"We focus on long-term independence, but also the support they can look for in the community," she added.

The 76-bed facility serves between 2,500 - 3,000 people a year. The detox beds run the county \$118 per day, and \$140 for the 28-day residential program. The state reimburses much of the costs that aren't supported by Medicaid or disability.

Davis County, Utah sees a lot of meth and heroin users in its Jail Substance Abuse Treatment (JSAT) program.

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#### Jail Programs Tackle Addiction (continued)

"Meth is dirt cheap in the West," said Deputy Scott Manfull. "And you'll get a lot of people who transitioned from pills to heroin."



Davis County, UT Jail inmates participate in a Residential Substance Abuse Treatment Program.

Photo is a courtesy of the Davis County, UT Jail

grows.

The JSAT program is voluntary. Groups of 10 meet five days a week and receive individual attention from two in-house counselors. They receive screening from the county's behavioral health department to look for co-occuring mental health issues.

After six months, they transition to a work center until they secure a job on the outside, then report back to a judge every other week. They're subject to two random drug tests per week. Six months clean will reduce their charges.

It's after that, Manfull imagines the challenge

"I think a lot of people do well under supervision because someone's watching," he said. "When you have to make your own decisions, things get tougher."

To read about the Recovery in a Secured Environment (RISE) program in Denver County, Colorada then visit www.naco.org/newsroom/countynews.



#### **CONGRATULATIONS**

Mercer County Park Commission proudly announced that three of its facilities have been named 2014 Jersey Choice/Best of New Jersey by New Jersey Monthly magazine. Those facilities are Mercer Oaks, Mercer Meadows, and Mercer Lake.

Morris County Flood Mitigation Program was honored with a 2014 Governor's Environment Excellence Award in the Land Conservation category for the county's innovative flood mitigation program.

**MONOC Mobile Health Services** for receiving a contract for one year to provide 911 EMS service to the Township of Irvington.

**T&M** Associates, a national engineering, environmental services and consulting firm based in Middletown, announced it is part of a joint venture team awarded a five-year, multimillion-dollar contract from the U.S. Department of Homeland Security's Federal Emergency Management Agency.

**Specialty Systems, Inc. (SSI)** a privately held company in Toms River recently announced receiving a contract to provide Radio Communications Control Software to the Royal Australian Navy (RAN) for their ANZAC Class-Frigates. SSI's software introduces a new state-of-the-art paradigm for the control and management of the RAN's ANZAC-class shipboard radio communications systems, delivering dramatic improvements in mission flexibility and capability.

## WELCOME TO OUR NEW MEMBERS



Joyce Sagi
Founder and CEO
Community Integration Specialist
Phone: 732-816-0116
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**Disaster and Risk Associates, LLC** (DARA) are community integration specialists with over 25 years experience who bring together government agencies, nonprofit organizations, faith-based groups and businesses. Visit <a href="https://www.disasterandriskassociates.com">www.disasterandriskassociates.com</a> to learn more.



Founded in 2008, 1st Choice Financial Group (1STCHOICEFG) is a certified WBE that has continually excelled in assisting customers with Project Management implementations. For more information please visit or www.1stchoicefg.com.



**NaphCare** provides a proactive approach to healthcare programs for correctional facilities ranging from comprehensive healthcare, on -site dialysis, off-site management, in house pharmacy and TechCare<sup>TM</sup> our electronic health record (HER) clinical operational tool. For more information please visit <a href="https://www.naphcare.com">www.naphcare.com</a>.

## In memory of....



D. Bilal Beasley Freeholder Essex County

We would like to recognize and remember Essex County Freeholder D. Bilal Beasley. Elected to his first freeholder term in November 2002, and then re-elected in 2005, 2008 and 2011, the Democratic Party leader served on the Irvington Township Municipal Council from 1988 through June of 2014, including two years as Council President (2012-14).

A well respected public servant who represented his constituents with his passion for the community never wavering. He directly assisted people in all walks of life, people whom he was initially sworn to serve with sincere devotion and concern. Freeholder Beasley showed professionalism, resourcefulness, determination, class, dedication, courage and compassion, to list a few, and in memory we thank him.

## **JOB VACANCY ANNOUNCEMENT**



#### **CFO/TREASURER**

**Gloucester County** is seeking a qualified Chief Financial Officer/Treasurer to manage fiscal operations through reviewing expenditures for compliance with budget policies, verifying accuracy of processed fiscal actions, estimating revenues and expenditures, monitoring internal financial controls, developing budgeting systems, evaluating the organization's financial condition; supervises the work involved in the accounting and auditing of funds received and disbursed, and in negotiation and issuance of bonds and notes; and does other related duties as required.

CPA preferred, NJ County CFO certification required, bachelor's degree in Accounting or related field required as well as a minimum of seven (7) years' experience in municipal and/or county finance or fiscal management and five (5) years in a supervisory capacity.

Refer to web page <a href="www.gloucestercountynj.gov/depts/h/hr/jobvac.asp">www.gloucestercountynj.gov/depts/h/hr/jobvac.asp</a> to apply. Gloucester County is an EOE/ADA compliant gov't agency. M/F EOE

Application/Resume deadline: 4pm on 2/3/15

#### ACCOUNTANT

The **County of Hunterdon** is seeking an Accountant to perform accounting work involved in financial statements and in maintaining an accounting system including reconciling of complex bank accounts. Must know and understand processes and procedures of the check register run, revenues and appropriations as they pertain to the County budget and processes and procedures of Accounts Payable and Accounts Receivable. Two years of accounting experience involving accounting, budgeting, auditing and financial analysis and reporting required. Graduation from an accredited 2 or 4 year college with an Associates or Bachelor's degree required. Please respond with letter of interest including salary requirements with resume to personnel@co.hunterdon.nj.us.

## Nationwide Economics Weekly Economic Review & Outlook for January 5, 2015

by Michael Groom, Financial Markets Economist of Nationwide Mutual Insurance Company and Ben Ayers, Staff Economist of Nationwide Mutual Insurance Company

#### **Weekly Review**

U.S. financial markets fared well over 2014, absorbing initial fears of the fiscal cliff followed by extreme weather, geopolitical unrest, and a downshift in global economic activity.

The all-country world index (a benchmark for global equities) was up by two percent in 2014, led by China, India, and the United States, returning 53, 30, and 11 percent, respectively, before dividends. The new government in India and the slow but steady roll-out of reforms in China pushed their respective equity markets to the top of the stock market leader board. The S&P 500 stock market index continued its upward climb, closing the year at a level of 2,058 – just under the record high of 2,090. The current bull market is approaching its sixth anniversary and has already more than tripled since the depths of the financial crisis. The expansion of stock prices conforms to historical averages in both longevity and magnitude. Even at these record levels, the bull market probably has more room to run as the Fed remains on the sidelines and the U.S. economy expands. This bull market will likely end as they all do, not after a certain amount of time is reached or a certain return is achieved, but rather only after Fed tightening has been advanced and the economic outlook dims.

The trade-weighted dollar appreciated by 12 percent in 2014, with the majority of the rally occurring in the second half of the year, with looming differences in major world central bank policy becoming clearer. The yen, euro, and Nordic currencies were especially weak as their central banks ramped up accommodative monetary policy in an attempt to quell deflation and boost demand. The Russian ruble was halved due to the fall in oil prices, economic sanctions, and the war with eastern Ukraine. The outlook for the greenback looks positive as the U.S. economy seems to be in the driver's seat of the global recovery and as the Fed prepares to normalize interest rates.

Bond market participants continued to buy U.S. sovereign debt in 2014, with ten-year Treasury yields dropping from 3.02 percent to 2.17 percent and average option-adjusted corporate credit spreads widening by just 17 basis points to 131. The majority of spread expansion can be attributed to the slide in high yield bonds over the second half of the year. While gyrations are a normal occurrence, spreads remain at healthy levels for this part of the economic cycle and have room to compress as the U.S. economy continues to strengthen and the global recovery furthers.

#### **Weekly Outlook**

The first full week of 2015 has a important slate of economic releases, including December data for payroll employment and the unemployment rate, light vehicle sales, and the ISM nonmanufacturing index.

• The labor market surged in November with an increase in **nonfarm payroll employment** of 321,000 jobs – the fastest monthly pace in an already solid year. We expect job growth to round out the year on a positive note with a gain of 245,000 jobs in December, bringing total employment growth in 2014 to 2.9 million jobs. Stabilization of the labor force participation rate should again keep the **unemployment rate** at 5.8 percent in December – still down by 0.9 percentage points for 2014.

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#### Nationwide Economics (continued)

- Following a jump in November, **light vehicle sales** now sit above the average sales pace of 2002 to mid-2006. A stronger job market, high credit availability, and a historically old age of the existing auto stock are spurring consumer auto purchases (potentially helped by lower gasoline prices, too). Vehicle sales should edge down to a still-strong annualized pace of 16.9 million units in December, a continuation of the upward trend heading into 2015.
- The **ISM nonmanufacturing index** should edge higher in December to 59.5 as the new orders and business activity components of the index remain positive. The index suggests strong growth for the service sector and services employment in the near term.
- The stronger U.S. dollar has hurt the **U.S. trade deficit** in recent months, incenting imports by American consumers and raising the relative price of U.S. exports. Sharply falling oil prices and stronger export growth in November should reduce the deficit modestly to \$41.5 billion.

For further information please contact Emanuel Mahand, Program Director of New Jersey, at <u>MAHANDE@nationwide.com</u>, or Bina Kumar, Managing Director - East Region, at <u>kumarb1@nationwide.com</u>.



## New Pharmaceutical, Medical Equipment and Supplies Contract Awarded to Premier

by Sarah Lindsay, Marketing Specialist for NACo Financial Services

Drive Savings and Efficiencies with Access to a Competitively Bid National Pharmaceutical and Medical-Surgical Supply Contracts Covering More than 100,000 Products

We are excited to announce that Premier has been awarded a multi-year contract to provide a **pharmaceutical**, **medical equipment**, **supplies and distribution program** for U.S. Communities. This exclusive contract was awarded through a competitive solicitation process conducted by lead public agency, Dane County, Wisconsin.

Public entities are tasked to save dollars, drive competitive bid processes and manage supplier relationships.

To help manage these challenges, Premier has built this comprehensive program for pharmaceuticals (branded, generic and over-the-counter) and medical-surgical supplies. This program will drive savings and efficiencies, while helping you manage your budgets. Premier has partnered with key distribution partners, McKesson Medical-Surgical and AmerisourceBergen to help provide the best products at the lowest prices. Take advantage of immediate savings through this new Premier program. To learn more about this new contract, visit our <a href="webinars page">webinars page</a> to register for an upcoming webinar or download the recorded version.





John G. Donnadio, Esq.

#### FROM THE EXECUTIVE DIRECTOR

I hope that you and you're families have a happy, healthy, and successful New Year. NJAC is kicking off 2015 with a very busy January that includes a conference committee meeting and the swearing-in of our new President, executive officers, and board of directors. The Legislature is also back in session and Governor Chris Christie delivered his State of the State Address earlier this week.

Even though it's tomorrow, it's still not too late to serve on NJAC's conference committee as we begin planning for our 65<sup>th</sup> annual celebration of county government from May 6<sup>th</sup> through May 8<sup>th</sup> at Caesars in Atlantic City. The

committee is hosting a kick-off meeting at 10:00 a.m. on January 16, 2015 at NJAC's office located at 150 West State Street in Trenton. Please let Kim Nolan at <a href="kim@njac.org">kim@njac.org</a> know if you're interested in helping us prepare for county governments premiere event of the year. We're also accepting proposals for conference workshops. Space is very limited, so please submit your proposal no later than January 30, 2015 to Loren Wizman by email at <a href="loren@njac.org">loren@njac.org</a>. To make sure that our elected officials, administrators, finance officers, purchasing officials, planners, engineers, attorneys, public works employees, and other county officials actively participate in our conference, the conference committee will give priority consideration to workshops approved for continuing education credits by the appropriate State agencies and the Rutgers Center for Local Government Services.

- Workshop sessions should be 50-60 minutes long.
- Proposals should include the name, title, and company information of those presenting.
- Proposals should be typewritten in Garamond font Pitch 9.
- Proposals should contain a title and one-page informative summary of the workshop, so that we may include these details in our conference journal.
- Proposals should include handouts, power point presentations, and other similar materials.
- Proposals should be submitted by January 30, 2015.
- We will notify you in writing of the time, location, and other important details concerning your workshop well in advance of the conference.

As noted above, please make sure to join us for NJAC's reorganization meeting and swearing-in ceremony on *January 30*, *2015* where Mercer County Freeholder Ann Cannon will become our 74<sup>th</sup> President. The reorganization meeting begins at 10:00 a.m. in Committee Room 4 of the State House Annex followed by the swearing-in ceremony at 11:00 a.m. in the Senate Chambers of the State House. Following the ceremony, students from the Mercer County Technical Schools will provide lunch to guests at the New Jersey State Museum.

## «January 2015»

.....Is National Blood Donor Month

MON	TUES	WEDS	THURS	FRI	SAT	SUN
			15	NJ RV & Camping Show NJ Convention & Lype Centre County Laboration & Lype Centre County Labora	Winter Festival Hunterdon Chamber of Commerce 12 p.m. Ringoes Hunterdon County	All Seasons Chamber Players Public Library 2 p.m. Mahwah Bergen County
Martin Luther King Day  ** Life a none personne and writer a configuration of the configurati	20 Children Clinic DOH, Sr., & Dis. Serv. 8:30 a.m 3 p.m. Sewell Gloucester County	21	Movie Night Spruce Family Success Center 5 p.m 7 p.m. Egg Harbor Twp. Atlantic County	Home & Remodeling Show Pine Belt Arena HOME SHOW 5 p.m 7 p.m. Toms River Ocean County	Rabies Clinic Public Works Garage 4 p.m 8 p.m. Howell Monmouth County	25
NJ Woodturners Environmental Ctr. Garibaldi Hall 7 p.m. Roseland Essex County	Movie: The Lunchbox Public Library 6:30 p.m. Mountainside Union County	Disney on Ice Princesses & Heroes Sun Nat. Bank Ctr.  7 p.m.  Trenton  Mercel County	"Don't You Know I'm Loco?" Open Mic. Comedy Boca Grande 10 p.m. Jersey City Hudson County	Skate With DJ Earl William G. Mennen Sports Arena	Somerset Valley Players 2 p.m. Hillsborough Somerset County	

## «FEBRUARY 2015»

.....Is Heart Disease Awareness Month

MON	TUES	WEDS	THURS	FRI	SAT	SUN
						Tony De Are Trio Rutherford Hall 3 p.m. P.m. Pren County
2	Cowtown Flea Market  Woods will be a few from Salem Cover	4	5	Bridge Players Theatre Co.  8 p.m.  Burlington Burlington County	Eagle Festival Mauricetown Firehall 8 a.m 4 p.m. Mauricetown Cumberland County	Old Time Hymn Sing Congress Hall 5 p.m 9 p.m. Cape May Cape May County
9	10	Andy Suzuki The Standhope House 6:30 p.m. Standhope Sussex County	Lincoln's Birthday	Valentine's Day Masked Ball Lambert Castle 7 p.m 10 p.m. Paterson Passaic County	The Machine Performs Pink Floyd Scottish Rite Theatre 8 p.m. Collingswood Camden County	